

PECO Cross Country League 2023-24: Race 1 (Middleton Park) Senior Men's Results For Team Scores								
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Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	6106	Lawson	Nathan	Ilkley Harriers	MSEN	25:51	1	
2	5872	Garbutt	Dan	St Therasas AC	M35	25:56	1	Y
3	5143	Ravenhall	George	Airecentre Pacers	MSEN	26:34	2	Y
4	5986	Valero Palacios	Marcos Angel	Valley Striders AC	MSEN	27:00	3	
5	5372	Douglas	Benjamin	Hyde Park Harriers	MSEN	27:22	4	Y
6	6218	Young	Jonathan	Valley Striders AC	MSEN	27:33	5	
7	5223	Robins	Sam	Chapel Allerton Runners	MSEN	27:38	6	
8	5302	Boynton	Philip	Horsforth Harriers	M35	27:44	2	
9	6217	Vogel	Joost	Valley Striders AC	M35	27:47	3	
10	5945	Grant	Daniel	Valley Striders AC	M35	27:48	4	
11	5292	Kingston	Harry	Horsforth Fellandale	MSEN	27:51	7	Y
12	5412	Lomas	Adam	Hyde Park Harriers	MSEN	28:04	8	
13	5566	Sharley	James	Knaresborough Striders	MSEN	28:12	9	
14	5936	Cheseldine	Edward	Valley Striders AC	MSEN	28:37	10	
15	5307	Casey	Dominic	Horsforth Harriers	MSEN	28:39	11	
16	5342	Anderson	George	Hyde Park Harriers	M35	28:42	5	
17	5036	Jones	Simon	Abbey Runners	MSEN	28:44	12	
18	5035	Jenkins	Liam	Abbey Runners	MSEN	28:47	13	
19	6212	Knights	Adam	Valley Striders AC	MSEN	29:07	14	Y
20	5420	Moulding	Thomas	Hyde Park Harriers	MSEN	29:11	15	
21	5407	Kennedy	Jonah	Hyde Park Harriers	MSEN	29:12	16	
22	5453	Tracey	Ciaran	Hyde Park Harriers	MSEN	29:13	17	
23	5527	Llewellyn	Ryan	Kirkstall Harriers	MSEN	29:13	18	
24	5031	Hutchison	Ross	Abbey Runners	M40	29:17	1	
25	5048	Newbould	Ed	Abbey Runners	MSEN	29:22	19	
26	5786	McCloughlin	John	Roundhay Runners	M40	29:24	2	
27	6014	Holmes	Christian	Wharfedale Harriers	M50	29:27	1	
28	5804	Turner	Andy	Roundhay Runners	M35	29:31	6	
29	5015	Clark	Cal	Abbey Runners	M35	29:33	7	
30	5549	Wells	Simon	Kirkstall Harriers	M35	29:35	8	
31	5880	Herrington	Richard	St Therasas AC	M40	29:41	3	
32	5315	Forde	Ciaran	Horsforth Harriers	MSEN	29:42	20	
33	5193	Harrold	Brian	Chapel Allerton Runners	M35	29:42	9	
34	6215	Panesar	Rav	Valley Striders AC	M40	29:43	4	
35	5657	Walker	Colin	Pudsey & Bramley AC	M50	29:43	2	
36	5832	Kerr	Will	Saltaire Striders	M45	29:46	1	
37	5221	Riley	Liam	Chapel Allerton Runners	MSEN	29:53	21	
38	6104	Gott	Steven	Ilkley Harriers	M45	29:54	2	
39	5001	Abrams-Cohen	Michael	Abbey Runners	MSEN	29:55	22	
40	5928	Mohammadiha	Hosseini	Vale of York Athletic Community	M40	29:56	5	
41	5312	Edmondson	Neal	Horsforth Harriers	M35	29:58	10	
42	5860	Chapman	Mark	St Therasas AC	M35	30:01	11	
43	5820	Fillingham	Martin	Saltaire Striders	M50	30:06	3	
44	5447	Sykes	Richard	Hyde Park Harriers	M40	30:09	6	
45	5816	Casson	Lee	Saltaire Striders	M35	30:13	12	
46	6012	Furness	Rob	Wharfedale Harriers	M40	30:14	7	
47	5611	Mills	Craig	Nidd Valley Road Runners	M45	30:19	3	

48	5029	Holmes	Matthew	Abbey Runners	M45	30:21	4	
49	5530	Lyall	Andrew	Kirkstall Harriers	MSEN	30:21	23	
50	5875	Graham	Jamie	St Therasas AC	M45	30:26	5	
51	5467	Hamilton	Forrest	Ilkley Harriers	MSEN	30:28	24	
52	5476	Mckeown	Daniel	Ilkley Harriers	M45	30:28	6	
53	5022	Fanaroff	Dominic	Abbey Runners	MSEN	30:29	25	
54	5186	Goodwin	Jacob	Chapel Allerton Runners	MSEN	30:30	26	
55	5483	Thompson	Danny	Ilkley Harriers	M45	30:32	7	
56	5272	West	Darren	Harrogate Harriers & AC	M60	30:33	1	
57	5939	Fisher	Daniel	Valley Striders AC	M40	30:36	8	
58	5379	Elmes	Joseph	Hyde Park Harriers	MSEN	30:36	27	
59	5199	Holloway	William	Chapel Allerton Runners	MSEN	30:38	28	
60	5444	Spain	Jonathan	Hyde Park Harriers	MSEN	30:38	29	
61	5382	Fellows	Alasdair	Hyde Park Harriers	MSEN	30:42	30	
62	5406	Kemp	Chris	Hyde Park Harriers	MSEN	30:43	31	
63	5563	Macauley	Craig	Knaresborough Striders	MSEN	30:44	32	
64	5605	Kingston	Rob	Nidd Valley Road Runners	MSEN	30:46	33	
65	6033	Davis	Alex	York Postal Harriers	MSEN	30:48	34	
66	6018	Stirk	Adam	Wharfedale Harriers	M35	30:49	13	
67	5892	Morrison	Cairn	St Therasas AC	M45	30:52	8	
68	5550	Young	Robert	Kirkstall Harriers	MSEN	30:54	35	Y
69	5213	Nunn	Sam	Chapel Allerton Runners	MSEN	30:55	36	
70	5188	Green	Joseph	Chapel Allerton Runners	MSEN	30:55	37	
71	5788	Morton	Joseph	Roundhay Runners	M40	30:57	9	
72	5409	Knighton	Richard	Hyde Park Harriers	MSEN	30:59	38	
73	5920	Bromley	Harry	Vale of York Athletic Community	MSEN	31:00	39	
74	5160	Richardson	Gareth	Bradford Airedale AC	MSEN	31:00	40	
75	5027	Harris	Simon	Abbey Runners	M40	31:00	10	
76	5770	Gibbs	Richard	Roundhay Runners	M45	31:00	9	
77	6124	Furlong	Ian	Roundhay Runners	M40	31:01	11	Y
78	6096	Harrison	Matthew	Harrogate Harriers & AC	MSEN	31:07	41	
79	5013	Brienen	Stef	Abbey Runners	MSEN	31:13	42	
80	6074	Franklin	James	Abbey Runners	M45	31:15	10	
81	5164	Anderton	Tom	Chapel Allerton Runners	MSEN	31:19	43	
82	5954	Last	Adam	Valley Striders AC	MSEN	31:26	44	
83	5305	Brown	Rhys	Horsforth Harriers	M35	31:30	14	
84	5517	Coldwell	Ben	Kirkstall Harriers	MSEN	31:31	45	
85	5904	Yong	Chin	St Therasas AC	M35	31:32	15	
86	6079	Walker	Gavin	Ackworth Road Runners	M35	31:32	16	
87	5388	Garratt	Richard	Hyde Park Harriers	M45	31:33	11	
88	6193	Walker	Bobak	Roundhay Runners	M40	31:33	12	
89	5819	Dunbar	Stuart	Saltaire Striders	M60	31:40	2	
90	5899	Robson	John	St Therasas AC	M45	31:41	12	
91	5758	Carvello	James	Roundhay Runners	M45	31:42	13	
92	5235	Wilshaw	Stacy	Chapel Allerton Runners	M40	31:45	13	
93	6149	Middlemas	David	Valley Striders AC	M50	31:52	4	
94	5426	Pratt	John	Hyde Park Harriers	M40	31:54	14	
95	5637	Townend	Darren	Nidd Valley Road Runners	M50	31:56	5	
96	5888	Maudsley	Ian	St Therasas AC	M40	31:56	15	
97	5946	Grave	Paul	Valley Striders AC	M45	31:58	14	
98	6200	Singh	John	Saltaire Striders	M40	31:59	16	

99	5748	Anthony	Iain	Roundhay Runners	MSEN	32:00	46	
100	5959	Parkinson	Andy	Valley Striders AC	MSEN	32:01	47	
101	5245	Adams	Hayden	Harrogate Harriers & AC	M40	32:10	17	
102	5955	Mann	Gary	Valley Striders AC	M40	32:11	18	
103	5350	Brine	Andrew	Hyde Park Harriers	MSEN	32:11	48	
104	5347	Black	Andrew	Hyde Park Harriers	M35	32:11	17	
105	5014	Bysouth	Tom	Abbey Runners	M40	32:13	19	
106	6150	Thomas	Gwilym	Valley Striders AC	M45	32:16	15	
107	5064	Scholefield	Phillip	Abbey Runners	M35	32:19	18	
108	6000	Elwell	Paul	Wetherby Runners AC	M45	32:21	16	
109	5454	Tranter	Colin	Hyde Park Harriers	M40	32:21	20	
110	5268	Shacklock	Ben	Harrogate Harriers & AC	M40	32:22	21	
111	5142	Ogalbe	Jack	Airecentre Pacers	MSEN	32:26	49	
112	5056	Rhule-Samuel	Joel	Abbey Runners	MSEN	32:30	50	
113	5296	Richards	Oliver	Horsforth Fellandale	M40	32:32	22	Y
114	5332	Roebuck	Chris	Horsforth Harriers	M45	32:35	17	
115	5925	Martin	Ian	Vale of York Athletic Community	M55	32:37	1	
116	5231	Vis	Patrick	Chapel Allerton Runners	MSEN	32:41	51	
117	6112	Symonds	Gabriel	Knaresborough Striders	MSEN	32:43	52	
118	6189	Hipkiss	Jack	Kirkstall Harriers	MSEN	32:43	53	
119	6050	Partridge	Simon	York Postal Harriers	M45	32:44	18	
120	5979	Straughan	Tim	Valley Striders AC	M55	32:46	2	
121	5752	Blakeley	Matthew	Roundhay Runners	M50	32:46	6	
122	5146	Walker	Richard	Airecentre Pacers	M45	32:51	19	
123	5101	Lines	Charles	Ackworth Road Runners	M60	32:53	3	
124	6181	Mcquinn	Sean	Horsforth Fellandale	M35	32:55	19	
125	5209	Mather	David	Chapel Allerton Runners	M45	33:03	20	
126	5156	Colley	Ashley	Bradford Airedale AC	M35	33:05	20	
127	5161	Teggart	David	Bradford Airedale AC	M45	33:05	21	
128	5727	Knight	Hadrian	Rothwell Harriers & AC	M50	33:06	7	
129	5366	Coltman	Tom	Hyde Park Harriers	M35	33:07	21	
130	5373	Dow	Will	Hyde Park Harriers	MSEN	33:08	54	
131	5744	Westmoreland	Jason	Rothwell Harriers & AC	M55	33:09	3	
132	5636	Todd	Andy	Nidd Valley Road Runners	M60	33:11	4	
133	5269	Staiano	Simon	Harrogate Harriers & AC	M45	33:14	22	
134	6148	Lippiatt	Huw	Valley Striders AC	M50	33:15	8	
135	5737	Senior	Ben	Rothwell Harriers & AC	M45	33:20	23	
136	5044	Mcguire	David	Abbey Runners	M55	33:26	4	
137	5529	Longmate	Kevin	Kirkstall Harriers	M35	33:29	22	
138	5460	Wallis	Nigel	Hyde Park Harriers	M45	33:35	24	
139	5189	Greenland	Rob	Chapel Allerton Runners	M50	33:41	9	
140	5870	Fuller	Nigel	St Therasas AC	M45	33:44	25	
141	6170	Armitstead	Simon	Chapel Allerton Runners	M35	33:45	23	
142	5243	Jenkins	Daniel	Eccleshill Road Runners	M45	33:48	26	
143	5812	Young	Innes	Roundhay Runners	M45	33:49	27	
144	5479	Sawyer	Jaysson	Ilkley Harriers	M45	33:57	28	
145	5800	Smith	Jon	Roundhay Runners	M50	33:59	10	
146	5810	Wilkinson	Chris	Roundhay Runners	MSEN	34:01	55	
147	5655	Simenton	Ben	Pudsey & Bramley AC	MSEN	34:01	56	
148	5653	Shamim	Reuben	Pudsey & Bramley AC	MSEN	34:01	57	
149	5750	Bartlett	Gary	Roundhay Runners	M50	34:04	11	

150	5573	Yao	Zejun	Leeds University AC & CC Club	M40	34:05	23	
151	6100	Hadfield	Sam	Hyde Park Harriers	MSEN	34:06	58	
152	5982	Tarran	James	Valley Striders AC	M55	34:12	5	
153	5254	Fisher	Joseph	Harrogate Harriers & AC	M40	34:14	24	
154	5079	Wray-Rogers	Luke	Abbey Runners	M45	34:14	29	
155	6080	Yates	Shaun	Ackworth Road Runners	MSEN	34:16	59	
156	5139	Lee	Derek	Airecentre Pacers	M40	34:18	25	
157	5116	Smith	Ryan	Ackworth Road Runners	M40	34:18	26	
158	5557	Ellmore	Steve	Knaresborough Striders	M55	34:22	6	
159	6173	Watson	Chris	Chapel Allerton Runners	MSEN	34:22	60	
160	5061	Rogerson	Tom	Abbey Runners	M45	34:24	30	
161	5451	Taylor	Lee	Hyde Park Harriers	M45	34:27	31	
162	5969	Savage	Oliver	Valley Striders AC	MSEN	34:34	61	
163	5799	Sklinar	Stu	Roundhay Runners	M35	34:38	24	
164	5419	Mitchell	Josh	Hyde Park Harriers	MSEN	34:40	62	
165	5828	Hearn-Yeates	Victor	Saltaire Striders	MSEN	34:42	63	
166	5345	Baxendale	Jonathan	Hyde Park Harriers	MSEN	34:43	64	
167	6127	Yates	Jonny	Roundhay Runners	M40	34:45	27	
168	6051	Pearson	Marc	York Postal Harriers	M40	34:49	28	
169	5960	Parton	Adam	Valley Striders AC	M50	34:51	12	
170	5477	Mountain	Thomas	Ilkley Harriers	MSEN	34:52	65	
171	5330	Perkinson	Andy	Horsforth Harriers	M45	34:54	32	
172	5760	Cobb	Chris	Roundhay Runners	M35	34:56	25	
173	5331	Raby	Stephen	Horsforth Harriers	M60	35:02	5	
174	5651	Murray	Lewis	Pudsey & Bramley AC	MSEN	35:04	66	
175	5822	Gibb	Ewan	Saltaire Striders	M35	35:05	26	
176	5080	Aubrey	Ryan	Ackworth Road Runners	M35	35:07	27	
177	5712	Davies	Jonny	Rothwell Harriers & AC	M35	35:08	28	
178	6166	Goldthorpe	Rory	Abbey Runners	M40	35:10	29	
179	5511	Wideman	Wayne	Kippax & District Harriers	M45	35:13	33	
180	5586	Carvey	Chris	Nidd Valley Road Runners	M55	35:15	7	
181	5603	Iddon	Andrew	Nidd Valley Road Runners	M35	35:18	29	
182	5319	Greenhalgh	Lee	Horsforth Harriers	M50	35:18	13	
183	5826	Hassall	Christopher	Saltaire Striders	M35	35:19	30	
184	5125	Wigglesworth	Oliver	Ackworth Road Runners	MSEN	35:19	67	
185	6030	Carter	Matt	York Postal Harriers	M45	35:20	34	
186	6045	Holmes	Neale	York Postal Harriers	M35	35:25	31	
187	5718	Gourley	William	Rothwell Harriers & AC	M45	35:27	35	
188	5893	Nichol	Stewart	St Therasas AC	M40	35:34	30	
189	5481	Singleton	David	Ilkley Harriers	M45	35:35	36	
190	5967	Sanderson	Ian	Valley Striders AC	M50	35:35	14	
191	5701	Hickman	Martin	Rothwell Harriers & AC	MSEN	35:36	68	
192	6213	Long	Vernon	Valley Striders AC	M55	35:40	8	
193	5051	Palicio	Luis	Abbey Runners	M35	35:41	32	
194	5050	O'donnell	Gerard	Abbey Runners	M40	35:42	31	
195	6007	Wallhead	Nick	Wetherby Runners AC	M45	35:43	37	
196	5141	Milner	Craig	Airecentre Pacers	MSEN	35:44	69	
197	6121	Batory-Bernardin	William	Roundhay Runners	MSEN	35:44	70	
198	5742	Walker	Dean	Rothwell Harriers & AC	MSEN	35:45	71	
199	5502	Harding	Andrew	Kippax & District Harriers	M50	35:48	15	
200	5089	Davey	James	Ackworth Road Runners	M40	35:51	32	

201	5259	Howard	Ashley	Harrogate Harriers & AC	MSEN	35:51	72	
202	5260	Jordan	Mark	Harrogate Harriers & AC	M65	35:55	1	
203	5303	Brant	Greg	Horsforth Harriers	M40	35:56	33	
204	5219	Peacock	Tom	Chapel Allerton Runners	MSEN	35:58	73	
205	5418	Milligan	Paul	Hyde Park Harriers	M40	36:04	34	
206	6180	Watson	Simon	Harrogate Harriers & AC	M60	36:04	6	
207	6088	Spence	Jack	Chapel Allerton Runners	MSEN	36:08	74	
208	5436	Rose	Jack	Hyde Park Harriers	MSEN	36:10	75	
209	6073	Craven	Paul	Abbey Runners	M55	36:12	9	
210	5201	Isherwood	David	Chapel Allerton Runners	M45	36:15	38	
211	6167	Parker	Karl	Abbey Runners	MSEN	36:15	76	
212	6188	Roll	Peter	Ilkley Harriers	M55	36:17	10	
213	5757	Burton	Phil	Roundhay Runners	M55	36:19	11	
214	6021	Wills	Robert	Wharfedale Harriers	M45	36:23	39	
215	5556	Edmondson	Ewan	Knaresborough Striders	M60	36:24	7	
216	6094	Barstow	Craig	Harrogate Harriers & AC	M55	36:26	12	Y
217	5790	O'hara	Colm	Roundhay Runners	M50	36:26	16	
218	5588	Cocker	Simon	Nidd Valley Road Runners	M55	36:29	13	
219	5594	Easton	Jonathan	Nidd Valley Road Runners	M45	36:34	40	
220	5649	Enever	Peter	Pudsey & Bramley AC	M40	36:37	35	Y
221	5228	Shepherd	Stuart	Chapel Allerton Runners	M40	36:38	36	
222	5397	Hindson	Adam	Hyde Park Harriers	M50	36:43	17	
223	5504	Hill	Tom	Kippax & District Harriers	MSEN	36:43	77	
224	5859	Bould	Richard	St Therasas AC	M40	36:44	37	
225	5401	Jackett	Charlie	Hyde Park Harriers	M40	36:49	38	
226	5937	Cook	Sean	Valley Striders AC	M40	36:51	39	
227	6078	Sidwell	David	Ackworth Road Runners	M40	36:51	40	
228	5495	Davy	Alan	Kippax & District Harriers	M45	36:52	41	
229	5356	Burton	Simon	Hyde Park Harriers	M35	36:53	33	
230	5862	Clarke	Andy	St Therasas AC	M50	36:54	18	
231	5976	Smith	Paul	Valley Striders AC	M50	36:58	19	
232	5638	Turner	Steven	Nidd Valley Road Runners	M50	37:02	20	
233	5919	Bennett	Paul	Vale of York Athletic Community	M40	37:03	41	
234	6195	Laville	Harry	Saltaire Striders	MSEN	37:05	78	
235	6186	Lawley	Joe	Hyde Park Harriers	MSEN	37:06	79	
236	5855	Albrecht	Jason	St Therasas AC	M40	37:10	42	
237	5827	Hawkins	Martin	Saltaire Striders	M50	37:11	21	Y
238	5884	Jones	Richard	St Therasas AC	M40	37:13	43	Y
239	5222	Robins	Ben	Chapel Allerton Runners	MSEN	37:15	80	
240	5497	Emery	Jonathan	Kippax & District Harriers	M40	37:15	44	
241	5749	Ayre	Mark	Roundhay Runners	M55	37:17	14	
242	5554	Cornforth	Philip	Knaresborough Striders	M55	37:21	15	
243	5898	Rayner	Iain	St Therasas AC	M45	37:23	42	
244	5520	Glover	Christopher	Kirkstall Harriers	M60	37:25	8	
245	5863	Cotterill	Jamie	St Therasas AC	M45	37:34	43	
246	5299	Ballard	Craig	Horsforth Harriers	MSEN	37:35	81	
247	5002	Ameri	Ali	Abbey Runners	M40	37:38	45	
248	6214	O'loughlin	Ethan	Valley Striders AC	MSEN	37:40	82	
249	5624	Rickard	Matt	Nidd Valley Road Runners	M45	37:45	44	
250	5730	Mcmullan	Kevin	Rothwell Harriers & AC	M55	37:47	16	
251	5359	Cartwright	Richard	Hyde Park Harriers	M40	37:48	46	

252	5404	Jowett	Gareth	Hyde Park Harriers	M35	37:53	34	
253	5568	Tattersall	Andrew John	Knaresborough Striders	M55	37:53	17	
254	5849	Tryc	Pawel	Saltaire Striders	M40	37:58	47	
255	5170	Bickerdyke	Jordan	Chapel Allerton Runners	MSEN	37:59	83	
256	5011	Bastin	Tony	Abbey Runners	M55	37:59	18	
257	5257	Gill	Michael	Harrogate Harriers & AC	M55	38:00	19	
258	5311	Eagle	Jonathan	Horsforth Harriers	M60	38:03	9	
259	5024	Frazer	Martin	Abbey Runners	M55	38:05	20	
260	5931	Adcock	Richard	Valley Striders AC	M50	38:07	22	
261	6197	Rix	Jeremy	Saltaire Striders	M60	38:08	10	
262	6070	Wray	Scott	York Triathlon Club	M50	38:10	23	
263	5851	West	Richard	Saltaire Striders	M40	38:10	48	
264	6110	Dobinson	Derek	Knaresborough Striders	M45	38:14	45	
265	5038	Kent	Craig	Abbey Runners	MSEN	38:24	84	
266	5961	Pawley	Graham	Valley Striders AC	M55	38:27	21	
267	5658	Wallace	Neil	Pudsey & Bramley AC	M45	38:29	46	
268	5890	Mellor	David	St Therasas AC	M50	38:30	24	
269	5591	Crebbin	Nick	Nidd Valley Road Runners	M50	38:34	25	
270	6055	Whitby	Mark	York Postal Harriers	M55	38:37	22	
271	5627	Scaife	Nigel	Nidd Valley Road Runners	M50	38:41	26	
272	5540	Savage	Martin	Kirkstall Harriers	M45	38:42	47	
273	5564	Marshall	Guy	Knaresborough Striders	M55	38:45	23	
274	5112	Saddler	Liam	Ackworth Road Runners	M35	38:45	35	
275	6068	Shaw	Rob	York Triathlon Club	M45	38:49	48	
276	5971	Sedgley	Matthew	Valley Striders AC	MSEN	38:51	85	
277	5780	Kapote	Subi	Roundhay Runners	M45	38:52	49	
278	5202	Jewitt	Fred	Chapel Allerton Runners	MSEN	38:55	86	
279	5952	Kaulgud	Dinesh	Valley Striders AC	M50	39:00	27	
280	5390	Giglia	Chris	Hyde Park Harriers	M35	39:04	36	
281	6098	Dunn	Paul	Harrogate Tri Club	M35	39:05	37	
282	6219	Hodgson	Jack	Wetherby Runners AC	MSEN	39:08	87	
283	6135	Winterbottom	Josh	Saltaire Striders	MSEN	39:11	88	
284	5391	Gordon	Jack	Hyde Park Harriers	MSEN	39:14	89	
285	5815	Carlton	James	Saltaire Striders	MSEN	39:17	90	
286	5792	Page	Mick	Roundhay Runners	M70	39:20	1	Y
287	5183	Fuller	Luis	Chapel Allerton Runners	MSEN	39:21	91	
288	6128	Bower	David	Saltaire Striders	M60	39:22	11	
289	5881	Hick	Matthew	St Therasas AC	M40	39:24	49	
290	5034	Jenkins	Dean	Abbey Runners	M60	39:25	12	
291	5163	Allison	David	Chapel Allerton Runners	M50	39:25	28	
292	6006	Towse	Mark	Wetherby Runners AC	M45	39:27	50	Y
293	5058	Richards	Jon	Abbey Runners	M45	39:35	51	
294	5282	Bennett	Paul	Horsforth Fellandale	M60	39:37	13	Y
295	5424	Parker-Milnes	Curtis	Hyde Park Harriers	MSEN	39:38	92	
296	5512	Allen	Lloyd	Kirkstall Harriers	M50	39:41	29	
297	5074	Ward	John	Abbey Runners	M70	39:45	2	
298	5719	Gregory	Mark	Rothwell Harriers & AC	M60	39:47	14	Y
299	5203	Kendell	John	Chapel Allerton Runners	M45	39:47	52	
300	5639	Tyrrell	Mark	Nidd Valley Road Runners	M50	39:47	30	
301	5159	Miran	Sohail	Bradford Airedale AC	M50	39:50	31	
302	6102	Lu	Yang	Hyde Park Harriers	MSEN	39:53	93	

303	5809	Weight	Dave	Roundhay Runners	M55	39:53	24	
304	5175	Cuthbertson	Nic	Chapel Allerton Runners	M60	39:54	15	
305	5974	Slater	James	Valley Striders AC	M50	39:55	32	
306	6182	Small	Chris	Horsforth Fellandale	M40	39:57	50	
307	6002	Legg	Ian	Wetherby Runners AC	M55	40:00	25	
308	5763	Cook	James	Roundhay Runners	M45	40:02	53	
309	5901	Seddon	Tim	St Therasas AC	M60	40:03	16	
310	5507	Lay	Richard	Kippax & District Harriers	M45	40:05	54	
311	5301	Bisset	Andy	Horsforth Harriers	M50	40:08	33	
312	5648	Beesting	Adam	Pudsey & Bramley AC	M40	40:16	51	Y
313	5652	Rafton	David	Pudsey & Bramley AC	M40	40:17	52	Y
314	5501	Hammond	Paul	Kippax & District Harriers	M60	40:28	17	
315	5096	Webster	Mark	Ackworth Road Runners	M50	40:29	34	
316	5214	O'hara	John	Chapel Allerton Runners	M50	40:30	35	
317	5264	Pennock	Richard	Harrogate Harriers & AC	M50	40:33	36	
318	5561	Harrop	Andrew	Knaresborough Striders	M55	40:37	26	
319	5731	Obridge	Lee	Rothwell Harriers & AC	M50	40:37	37	
320	5076	Whittaker	Jim	Abbey Runners	M55	40:41	27	
321	5123	Walker	Will	Ackworth Road Runners	M40	40:44	53	
322	5743	Ward	Roger	Rothwell Harriers & AC	M60	40:55	18	
323	5127	Winder	Bill	Ackworth Road Runners	M50	40:57	38	
324	5009	Balkwill	James	Abbey Runners	M50	40:57	39	
325	5753	Blakeman	Neil	Roundhay Runners	M60	41:03	19	
326	5178	Eldred	John	Chapel Allerton Runners	M65	41:06	2	
327	5521	Gwynne	Cameron	Kirkstall Harriers	MSEN	41:07	94	
328	6122	Burke	Joseph	Roundhay Runners	MSEN	41:16	95	
329	5078	Wilson	Liam	Abbey Runners	M45	41:18	55	
330	5569	Taylor	Mark	Knaresborough Striders	M55	41:21	28	
331	5535	Nacario	Jyro	Kirkstall Harriers	MSEN	41:29	96	
332	5617	Newton	Stephen	Nidd Valley Road Runners	M50	41:30	40	
333	5994	Blake	Simon	Wetherby Runners AC	M45	41:33	56	
334	5868	Fletcher	Jonathan	St Therasas AC	M45	41:44	57	
335	5933	Brewster	Keith	Valley Striders AC	M65	41:46	3	
336	5469	Ho	Michael	Ilkley Harriers	M45	41:47	58	
337	5449	Tasker	Richard	Hyde Park Harriers	M40	41:48	54	
338	5232	Waddington	Thomas	Chapel Allerton Runners	M35	41:48	38	
339	5768	Flint	Anthony	Roundhay Runners	M45	41:53	59	
340	6147	Fitzgerald	Sean	Valley Striders AC	M40	41:54	55	
341	5167	Baxter	Rob	Chapel Allerton Runners	M50	41:56	41	
342	5778	Jones	Justin	Roundhay Runners	M45	41:57	60	
343	5484	Travis	Alan	Ilkley Harriers	M45	41:57	61	
344	5383	Fells	Alex	Hyde Park Harriers	MSEN	41:59	97	
345	5338	Womersley	David	Horsforth Harriers	M70	42:01	3	
346	5247	Askew	David	Harrogate Harriers & AC	M60	42:02	20	
347	5547	Thomas	Richard	Kirkstall Harriers	M60	42:08	21	
348	6185	Jones	Chris	Hyde Park Harriers	M65	42:11	4	
349	5360	Churchman	Jon	Hyde Park Harriers	M50	42:13	42	
350	5042	Leslie	David	Abbey Runners	M70	42:16	4	
351	5630	Shekar	Chandra	Nidd Valley Road Runners	M45	42:16	62	
352	5622	Read	Carl	Nidd Valley Road Runners	M45	42:16	63	
353	5775	Hodge	Tony	Roundhay Runners	M50	42:18	43	

354	6132	Hillas	Stephen	Saltaire Striders	M60	42:18	22	
355	5593	Deacon	Michael	Nidd Valley Road Runners	M60	42:30	23	
356	5099	Leach	Adrian	Ackworth Road Runners	M55	42:38	29	
357	5850	Verity	Jack	Saltaire Striders	M65	42:42	5	
358	6156	Mcgregor	Ian	Wetherby Runners AC	M65	42:46	6	
359	5805	Turner	Jonathan	Roundhay Runners	M55	42:48	30	
360	5958	O'brien	Eamon	Valley Striders AC	M50	42:55	44	
361	5555	Deighton	Andy	Knaresborough Striders	M50	42:58	45	
362	5241	Harrison	Robert	Dragons Running Club (Leeds)	M50	43:00	46	
363	6057	Hanley	Chris	York Triathlon Club	M45	43:19	64	Y
364	6129	Darcy	Graham James	Saltaire Striders	M55	43:28	31	
365	5729	Mann	Richard	Rothwell Harriers & AC	M60	43:30	24	
366	5970	Sawyer	Chris	Valley Striders AC	M65	43:42	7	
367	6091	Reyes	Manuel	Dragons Running Club (Leeds)	M45	43:46	65	
368	6108	Calvert	Derek	Knaresborough Striders	M65	43:49	8	
369	5448	Tarbit	James	Hyde Park Harriers	M35	43:50	39	
370	5328	Park	Keith	Horsforth Harriers	M65	43:53	9	
371	5765	Dennison	Warren	Roundhay Runners	M55	43:54	32	
372	5948	Hussey	John	Valley Striders AC	M70	43:56	5	
373	5310	Duffy	Richard	Horsforth Harriers	M70	43:57	6	
374	5378	Elcock	Tom	Hyde Park Harriers	M40	43:59	56	
375	6111	Noble	Pete	Knaresborough Striders	M50	44:01	47	
376	5629	Shaw	Michael	Nidd Valley Road Runners	M45	44:03	66	
377	5053	Patchett	Ian	Abbey Runners	M60	44:06	25	
378	5754	Bowman	Geoff	Roundhay Runners	M60	44:11	26	
379	5157	Foster	Stephen	Bradford Airedale AC	M55	44:13	33	
380	5615	Morris	Christopher	Nidd Valley Road Runners	M50	44:15	48	
381	6069	Souch	Iain	York Triathlon Club	M55	44:16	34	
382	5306	Bush	John	Horsforth Harriers	M45	44:19	67	
383	5732	Poyner	Ken	Rothwell Harriers & AC	M65	44:20	10	
384	5942	Fox	Ken	Valley Striders AC	M65	44:20	11	
385	6202	Western	Gary	Saltaire Striders	M60	44:27	27	
386	5934	Brough	Michael	Valley Striders AC	M65	44:29	12	
387	5357	Butler	Robert	Hyde Park Harriers	M45	44:30	68	
388	6151	Bell	Richard	Wetherby Runners AC	M55	44:59	35	
389	5717	Garside	Simon	Rothwell Harriers & AC	M55	45:06	36	
390	5377	Edwards	Richard	Hyde Park Harriers	M45	45:07	69	
391	5230	Sutcliffe	Adam	Chapel Allerton Runners	M50	45:08	49	
392	5277	Scott	Iain	Harrogate Tri Club	M55	45:22	37	
393	5474	Leijssen	Roar	Ilkley Harriers	M50	45:48	50	
394	5537	Rhodes	Benjamin	Kirkstall Harriers	MSEN	46:00	98	
395	5033	Ibrahim	Joseph	Abbey Runners	M45	46:06	70	
396	5003	Armer	Carrick	Abbey Runners	M40	46:08	57	
397	5525	Hutchinson	John	Kirkstall Harriers	M75	46:13	1	
398	5542	Smith	Simon	Kirkstall Harriers	M50	46:23	51	
399	6034	Ellwood	Andy	York Postal Harriers	M55	46:36	38	
400	5361	Clarkin	Oliver	Hyde Park Harriers	MSEN	46:43	99	
401	6161	Milner	Steve	Wharfedale Harriers	M60	46:44	28	
402	5972	Sedgley	Neil	Valley Striders AC	M55	46:57	39	
403	5019	Craddock	Charles	Abbey Runners	M55	47:06	40	
404	5408	Kidner	Ralph	Hyde Park Harriers	M65	47:08	13	

405	5012	Blinston	Peter	Abbey Runners	M55	47:10	41	
406	5252	Couldwell	Alan	Harrogate Harriers & AC	M65	47:26	14	
407	5845	Storey	Ian	Saltaire Striders	M45	47:26	71	
408	5422	Newell	Jason	Hyde Park Harriers	M50	48:16	52	
409	5295	Prendergast	Carl	Horsforth Fellandale	M75	48:19	2	
410	5493	Copley	James	Kippax & District Harriers	MSEN	48:19	100	
411	6019	Thompson	Geoffrey	Wharfedale Harriers	M60	48:22	29	
412	5429	Pullan	Richard	Hyde Park Harriers	M65	48:48	15	
413	5336	Watson	Kevin	Horsforth Harriers	M75	48:51	3	
414	5396	Hartley	Ben	Hyde Park Harriers	M45	48:59	72	
415	5352	Brown	Stephen	Hyde Park Harriers	M55	49:15	42	
416	5838	Moss	Mike	Saltaire Striders	M65	49:24	16	
417	5923	Holliday	Ollie	Vale of York Athletic Community	MSEN	49:35	101	
418	5398	Hogg	Joe	Hyde Park Harriers	M55	49:44	43	
419	5423	Ongun	Rafet	Hyde Park Harriers	M35	49:49	40	
420	5841	Read	Jamie	Saltaire Striders	MSEN	49:52	102	
421	5545	Taylor	Malcolm	Kirkstall Harriers	M35	49:52	41	
422	5169	Bellbrough	Matt	Chapel Allerton Runners	M35	50:19	42	
423	5871	Gall	Stuart	St Therasas AC	M45	50:33	73	Y
424	6126	Jackson	Mark	Roundhay Runners	M50	51:16	53	
425	5874	Godden	Jeremy	St Therasas AC	M60	51:24	30	
426	6133	Mistry	Mohanlal	Saltaire Striders	M60	52:14	31	
427	5830	Hudson	John	Saltaire Striders	MSEN	52:38	103	
428	5068	Shorrock	Thomas	Abbey Runners	M40	52:42	58	
429	5275	Head	Mark	Harrogate Tri Club	M60	52:46	32	
430	5309	Dinsdale	Mark	Horsforth Harriers	M55	52:54	44	
431	5756	Burke	Kieran	Roundhay Runners	MSEN	52:57	104	
432	5962	Pearson	Oliver	Valley Striders AC	MSEN	53:10	105	
433	5137	Jarvis	Mike	Airecentre Pacers	M55	54:03	45	
434	5523	Hey	Peter	Kirkstall Harriers	M70	54:06	7	
435	6101	Harris	Stuart	Hyde Park Harriers	M40	55:44	59	
436	5628	Seaman	Dave	Nidd Valley Road Runners	M75	55:56	4	
437	5614	Montana	Marcos	Nidd Valley Road Runners	MSEN	56:54	106	
438	5602	Hyde	Graham	Nidd Valley Road Runners	M45	57:31	74	
439	5724	Harvey-List	Heath	Rothwell Harriers & AC	M55	59:31	46	
440	5709	Choules	Victor	Rothwell Harriers & AC	M55	1:03:29	47	
441	5088	Crowther	Chris	Ackworth Road Runners	M40	1:04:04	60	
442	5817	Davies	James	Saltaire Striders	M40	1:04:11	61	
443	6137	Cundall	Phil	St Therasas AC	M55	1:10:01	48	